



ANNAI VAILANKANNI ARTS AND SCIENCE COLLEGE

Owned & Managed by the Diocese of Tanjore Society
Affiliated to Bharathidasan University, Tiruchirappalli - 24
Recognized by UGC under Section 2(f) and 12(B) of the UGC act 1956
Bishop Sundaram Campus, Pudukkottai Road, Thanjavur - 613 007



11/34 OF 34 (TN) INDEP COY NCC, THANJAVUR

International Yoga Day

21.06.2023





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Report of the International Yoga Day – 2023

As per the guidelines of 34 (TN) Indep Coy NCC, Thanjavur, the NCC Senior Division of 11/34 , Annai Vailankanni Arts and Science College, Thanjavur conducted International Yoga Day programme on 21.06.2023. The resource person of this event was the Secretary and Correspondent of our College Rev.Fr.Dr.S.Sebastian Periyannan. He delivered the address about the importance of yoga and our Principal Dr.P.Philominathan, delivered a motivational speech to the NCC cadets about this programme. A total of 200 students from vary College participated in this event out of 50 students participated from our College. In this Programme, have Participated 5 ANOs from various College and Army Staff from 34(TN) Indep Coy NCC, Thanjavur. This event was coordinated by Lt.Dr.K.Perarasan, Associate NCC officer of 11/34, Annai Vailankanni Arts and Science College, Thanjavur.